

## **When God Meets You There**

### **Psalm 73**

Introduction:

- Is depression a sin?
- Sin is not automatically the cause of depression
- Sin is often the fruit of yielding to depression

#### **I. The Troubled Soul (vv. 1-16)**

What can we appreciate about the author?

- A. He was a godly man
- B. He was honest about his struggles
- C. He used discretion
- D. He didn't waver into unbelief

What factors contributed to the Psalmist's troubled soul?

- A. The things he saw
- B. The way he felt
- C. The outcome he expected

#### **II. The Trusting Soul (vv. 17-28)**

What were the keys to the Psalmist getting back on his feet?

#1 He refused to isolate himself in the midst of his pain

#2 He gained a clearer perspective of his present struggles

#3 He recalled the Lord's presence in spite of his feelings

#4 He refused to yield to his soul's discouraged state